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|  | ***Sample*****3 MONTH****Study Plan** |

*(Disclaimer: Each candidate is different and may need less or more time to study for their exam.)*

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| **Week** | **Goals** | **Activity** |
| **1** | Determine Your WeaknessesCreate a Study Plan | * Review your exam’s content outline.
* Determine what resources you will use to prepare for your exam, including choosing one textbook from your exam’s reference list to use as you prepare for the test.
* Consider Taking a PNCB Exam Drill (just questions, no rationales).
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| **2** | Time to Study – Start Reviewing the Clinical Problems on The Content Outline | * Each exam has a different number of clinical categories or diagnoses. Divide the number of clinical categories by 4 weeks.
* Continue reading your textbook chapters.
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| **3** | Review Additional Clinical Problems | * Review remaining clinical categories/diagnoses.
* Continue reading your textbook chapters.
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| **4** | Review Additional Clinical Problems | * Review remaining clinical categories/diagnoses.
* Continue reading your textbook chapters.
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| **5** | Review Additional Clinical Problems | * Review remaining clinical categories/diagnoses.
* Continue reading your textbook chapters.
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| **6** | Understand your Knowledge Deficits | * Consider Retaking a PNCB Exam Drill.
* Continue reading your textbook chapters.
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| **7** | Study and Practice Tests | * Consider taking a PNCB Practice Test (questions and rationales). For your first try, submit all answers.
* Keep studying your textbooks and using your flash cards.
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| **8** | Study and Practice Tests | * If you completed a PNCB Practice Test, now is the time to retake the test, answering 6-7 questions daily.
* Read and understand why the answer is correct and the distractor is not correct.
* Continue reading your textbook chapters.
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| **9 - 12** | Review Your Knowledge | * Based on your exam's content outline, understand where you need to concentrate your studies.
* Continue using all available tools.
* Don’t forget to review the areas where you perform the strongest.
* Continue reading your textbook chapters.
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| **Day Before Exam** | ***Rest, Relax, and Nourish your Body with Healthy Foods.*** | * Rest your brain.
* Make time to relax physically and mentally before your exam.
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